



CALD COMMUNITIES

Supports and resources for Culturally and Linguistically Diverse people

Health Translation:

Health Translation is an online library that enables health practitioners and those working with culturally and linguistically diverse communities to easily find free translated health information.

<https://healthtranslations.vic.gov.au/>



Translated Resources

Check out Translated Resources to find free and downloadable translated resources for families where a parent has a mental illness

<https://www.copmi.net.au/find-resources/translated-materials>

Embrace Multicultural Mental Health

Check out Embrace Multicultural Mental Health out for community information, service providers, multilingual information, personal stories, and more!

<https://embracementalhealth.org.au/>

Beyond Blue Multicultural People

See Beyond Blue for all the wonderful resources and support they provide for Culturally and Linguistically Diverse Communities

<https://www.beyondblue.org.au/who-does-it-affect/multicultural-people>

This program is funded by the Adelaide Primary Health Network - an Australian Government Initiative

LETSS
Lived Experience Telephone Support Service
1800 013 755
Webchat: letss.org.au



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Kids Helpline

Explore Kids Helpline Cultural Differences and Conflict page on information on how to support your child through cross cultural issues such as discrimination and lack of acceptance

<https://kidshelpline.com.au/parents/issues/cultural-differences-and-conflict>

Multicultural Communities Council of SA

The Multicultural Communities Council of SA is the peak organisation that efficiently services, innovatively empowers and strongly advocates for cultural and linguistically diverse (CALD) communities in South Australia. Find out more and check out about all the amazing things they do here <https://mccsa.org.au/>

Indaba HIV:

Indaba is a term used in South African countries meaning gathering or meeting for the purpose of sorting out problems. Check out their website for more practical information and resources for women living with HIV in South Australia, and for their service providers

<https://indabahiv.com.au/>

Peace Multicultural Services

PEACE stands for Personal Education And Community Empowerment and is a service that works with people from culturally and linguistically diverse (CALD) backgrounds, regardless of their visa status. Peace provides a number of different services for individuals, families, and communities to help overcome barriers. Find out more here <https://www.rasa.org.au/services/couples-families/peace-multicultural-services/#our>

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UNIDOS

UNIDOS is committed to supporting our members to establish a network of social contacts that will bring a sense of community. There are specific issues faced by CALD or SSA communities and individuals that can clash with certain cultural values. UNIDOS hopes to bring together these individuals and communities and provide them with information, support and engagement; while also breaking down social barriers and isolation. Find out more information here!
<https://www.facebook.com/groups/unidos.rasa/>

Multicultural Youth SA

Is A leading community-based, not-for-profit organisation that provides a diverse range of services and programs to support multicultural young people and young families living in South Australia. To connect with MYSA and find out more about all the amazing things they do click here
<https://www.mysa.com.au/>

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